



CYCLE OF

HOPE

2026

**July 18
Team
Meeting**



Agenda

Why you are here and what you need to know.

- Meet the Team
- Why we Ride
- Billamena's Key Ceremony
- Fundraising Update
- Fundraising Spotlight
- Route Highlights
- Meal Schedule
- Allergies / Preferences
- Support Vehicles
- Participant Guide
- Code of Conduct
- Packing Tips
- Cycling Etiquette
- Training Rides
- Today's Group Ride
- Riding Groups
- Live Tracking
- Sponsors
- Questions & Answers

Cycling Committee

The heart behind the epic ride.

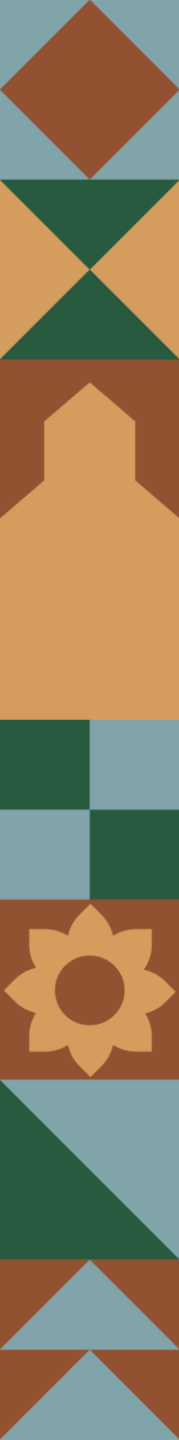
Dave Plummer	Rider Experience	Julie Paterson	Community Support
Gareth Mills	Support Team	Mark Moore	Sponsorship & Community Support
John Hill	Route Design	Rosie McEvoy	Health & Safety
John Scott	Mechanical Support	Trudy Matthey	Food Support




Team Roster

In-person

Barry S.	Henry F.	Leanne T.	31
Brian J.	Henry T.	Mark M.	32
Cal K.	Jeff G.	Marta S.	33
Cecil A.	Joanna S.	Miles P.	34
Cheryl C.	Joel G.	Priti S.	35
Cristina D.	John H.	Quinn M.	36
Dave P.	Jose B.	Ross L.	37
Derrick S.	Ken B.	Scott D.	38
Gord S.	Ken H.	29	39
Greg D.	Kevin G.	30	40




Team Roster

Virtual			Support
Allison B.	Jamie H.	Michele H.	Brett B.
Aly Tam	Janet N.	Rob B.	Debra S.
Brent G.	Joanne P.	Ron P.	Gareth M.
Carol Ann B.	Julie P.	Sara T.	John S.
Christa M.	Kathleen K.	Tony H.	Rick M.
Christina F.	Ken F.	Yvonne S.	Susan M.
Debbie T.	Korie W.	27	Trudy M.
Debra F.	LJ K.	28	Vi S.
Dwight W.	Lynette F.	29	9
Guy B.	Matheus S.	30	10

Why We Ride

Meet the Family

- Solomon & Mehret
 - Daughters:
 - Peniel (PENNY-EL) (2017)
 - Lydia (2022)
- Originally from Eritrea, a northeast African country on the Red Sea coast
- Their house will be built on Panet Road in Winnipeg



Why We Ride

Billamena's Key Ceremony

- On Tuesday, July 7, 2026, Billamena and her children receive the keys to their new home on Pandora Ave. W.
- Big thanks to everyone that came out to celebrate this historic occasion.
- Thanks to Alex from Prolex Media for his heart-warming speech on behalf of the 2025 COH team.



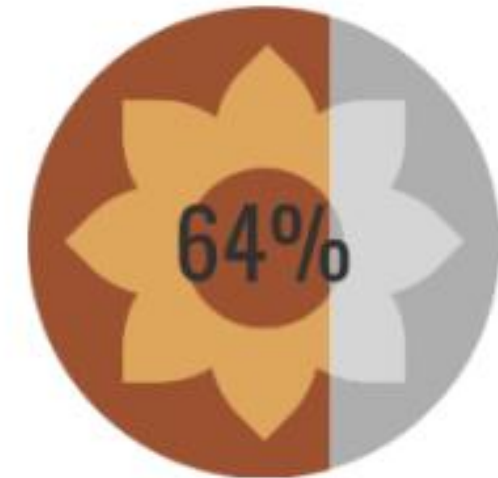
Fundraising Update

Target: \$150,000 NET

- **Top Fundraisers:**

- **Team:** Once More With Feeling - \$14,840
- **Cyclist:** Mark M. - \$10,125
- **Chapter:** Winkler-Morden - \$7,345
- **Volunteer:** Vi S. - \$2,425
- **Virtual Cyclist:** Allison B. - \$1,270
- **NEW Rider:** Joanna S. - \$1,250

HELP CYCLE OF HOPE REACH OUR GOAL OF
RAISING \$150,000 CAD.
HIDE FUNDRAISING PROGRESS TITLE



RAISED:
\$96,539

GOAL:
\$150,000

Fundraising Push

Target: \$150,000 NET

- Reminder: 75% (\$1,875) of fundraising minimum **MUST** be received before departure
- It is easier to get donations before and during the ride, than afterwards
- Fundraising can continue until November 30 if needed



OneCause Fee

Thank you text messages

- Thank you to Gord S. for pointing out that unbeknownst to me, the text messages that you send through OneCause are routed through the USA and subject to a \$.40 service fee (*If you don't have a USA text plan*)
- While it is a convenient way to thank your donors, you may want to send a text message directly to your donor instead of using OneCause



Fundraising Spotlight

Cecil & Cheryl's Fundraiser

- Mark your Calendar and join the fun in Gimli, MB on July 19
 - Petting Zoo
 - Outdoor games
 - Raffle
 - Canteen
 - Live music
 - Donations are welcome – bring the whole family



Community FUNDRAISER

FOR HABITAT FOR HUMANITY MANITOBA

HELP BUILD HOMES. BUILD HOPE RIGHT HERE IN OUR COMMUNITY. ♥

JULY 19, 2026

11 AM TO 6 PM

52 6TH AVENUE, GIMLI, MB

\$10 MINIMUM DONATION FOR AGES 16 AND UP.

CANTEEN **PETTING ZOO** **RAFFLE** **GAMES & MORE**

FUN FOR THE WHOLE Family!

All donations are welcome.

≥ \$10 MINIMUM DONATION FOR AGES 16 AND UP. ≤

≥ CHILDREN 15 AND UNDER ARE FREE. ≤

COME OUT, ENJOY THE FUN AND BRING THE FAMILY!

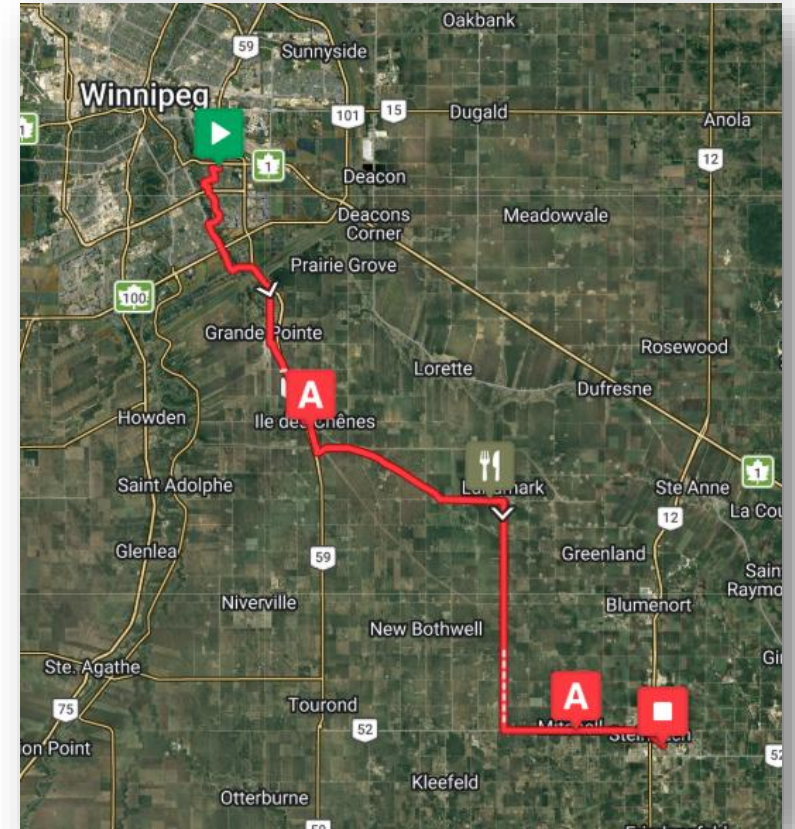
ALL DONATIONS OVER \$25.00 WILL RECEIVE A TAX DONATION RECEIPT.

Together, we can build strength, stability and hope. ♥

Monday, August 3

Winnipeg to Steinbach – 62KM

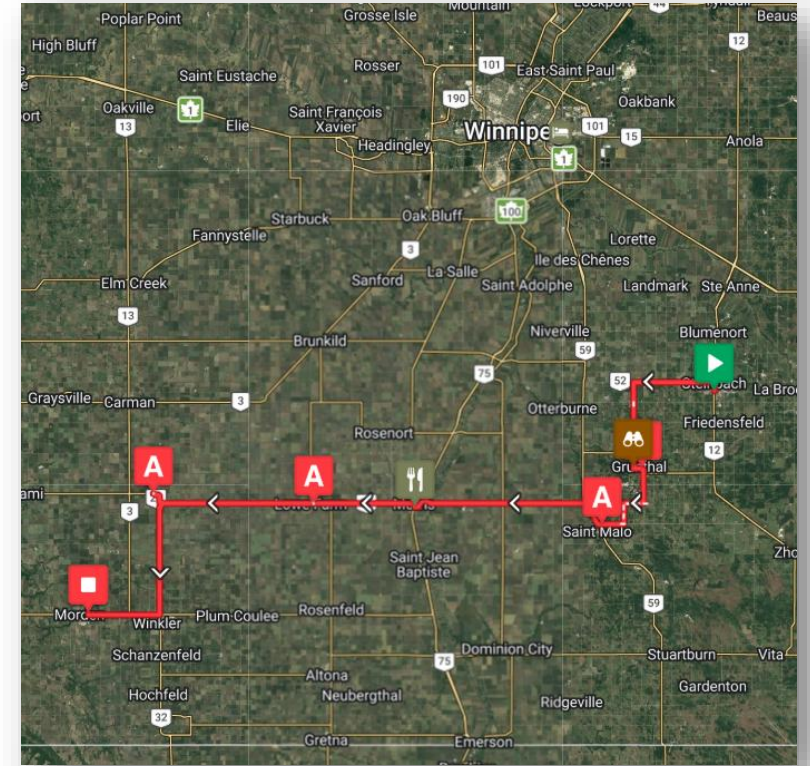
- 9:00 AM - Meet @ Canadian Tire on Fermor
 - Check-in when you arrive, load your bags onto the bus, get ready to ride
- 10:00 AM – Depart as a group
- Rest Stop @ Ile des Chenes (22 KM)
 - Prairie Meadows Early Learning
- Lunch @ Landmark (36 KM)
 - Prairie Rose Evangelical Mennonite Church
- END / Dinner @ Steinbach EMC
- Showers @ Steinbach Aquatic Centre



Tuesday, August 4

Steinbach to Morden – 156KM

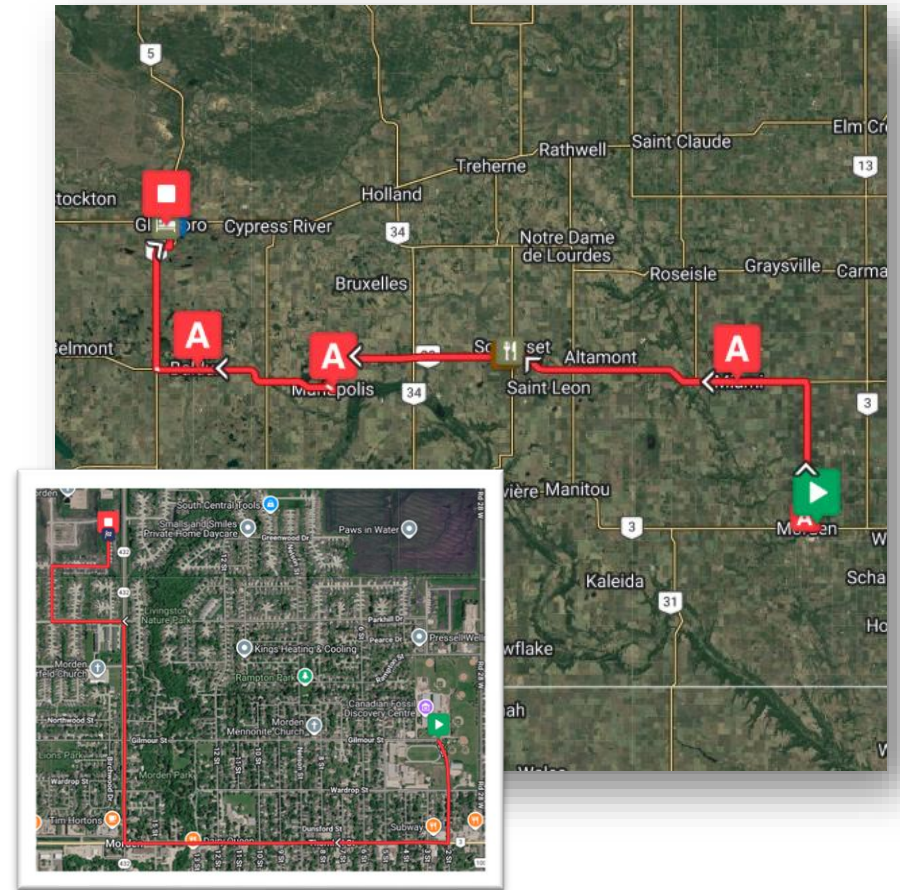
- Breakfast @ Steinbach EMC
- Rest Stop @ Grunthal Lumber (30 KM)
- Rest Stop @ St. Malo (46 KM)
 - Outdoorsmen Powersports
- Lunch @ Morris Multiplex (79 KM)
- Rest Stop @ Lowe Farm Co-op (96 KM)
- Rest Stop @ Roland (123 KM)
 - Giant Pumpkin
- END @ Morden Access Event Centre
 - Showers on site
- Community dinner @ Church



Wednesday, August 5

Morden to Glenboro – 142KM

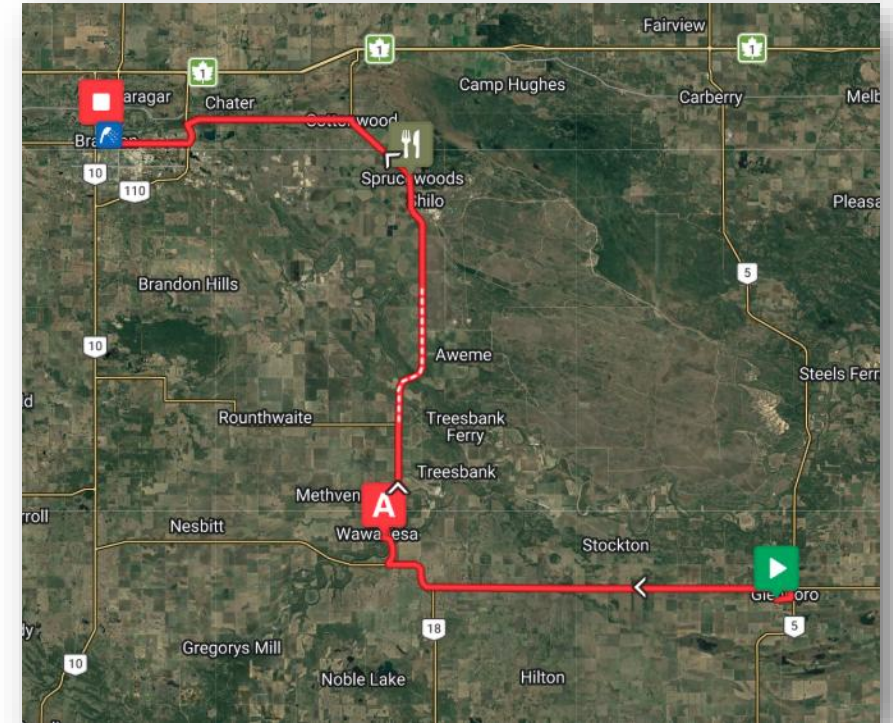
- Community breakfast @ Morden
 - Access Event Centre
- **Community 4 KM Ride Along to Habitat build site (inset)**
- Rest Stop @ Miami (33 KM)
 - Blair Sharpe Active Living Centre
- Lunch @ John's Sister's Farm (66 KM)
- Rest Stop @ Mariapolis Rec. Centre (96 KM)
- Rest Stop @ Baldur School (115 KM)
- END / Dinner @ Glenboro Kinsmen Hall
- Showers @ Glenboro School



Thursday, August 6

Glenboro to Brandon – 86KM

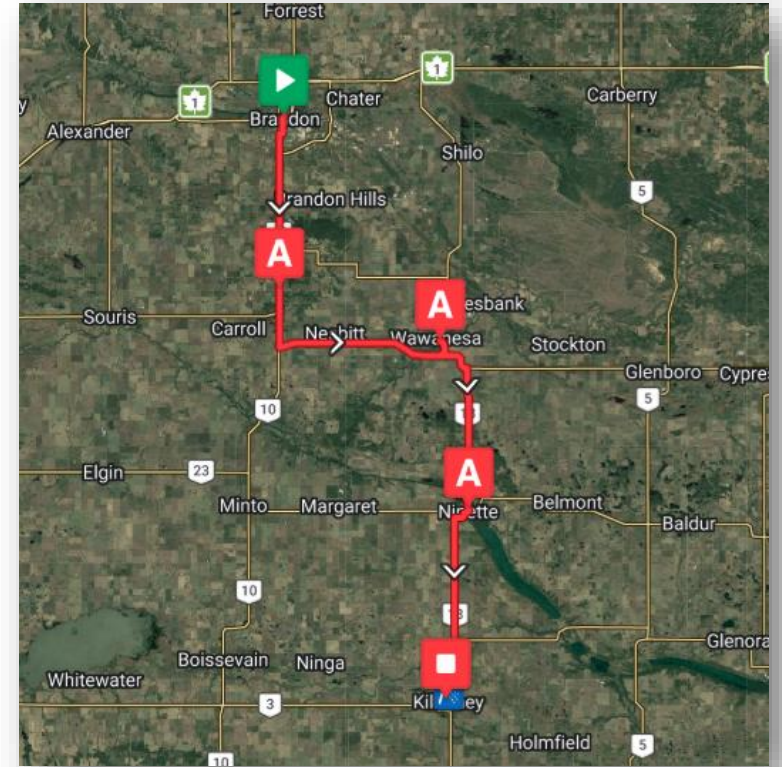
- Breakfast @ Glenboro Kinsmen Hall
- Rest Stop @ Wawanesa Co-op (33 KM)
- Lunch @ Spruce Woods Esso (60 KM)
- END / Dinner @ Vineyard Church
- Showers @ Brandon YMCA
 - Government ID required
 - YMCA closes at 6:00pm



Friday, August 7

Brandon to Killarney – 104KM

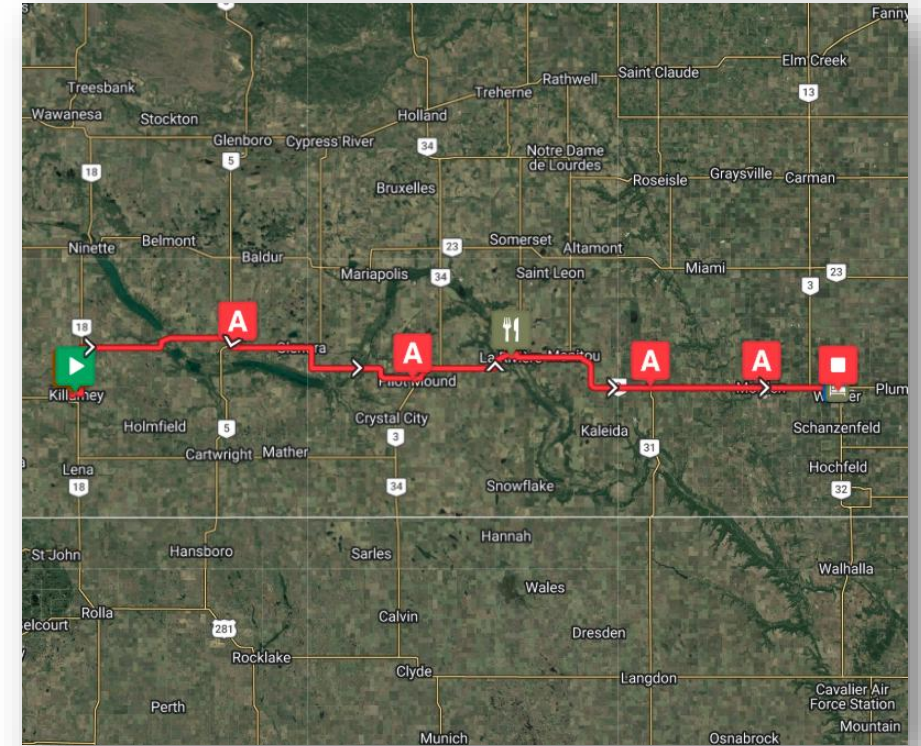
- Breakfast @ Vineyard Church
- Rest Stop @ Carroll (22 KM)
 - Brandon Hills Mennonite Church
- Rest Stop @ Wawanesa Co-op (53 KM)
- Lunch Stop @ Ninette (78 KM)
 - Terry Fox Memorial Park
- END / Community dinner @ Killarney
 - New Life Assembly Church
- Showers @ Shamrock Centre



Saturday, August 8

Killarney to Winkler – 150KM

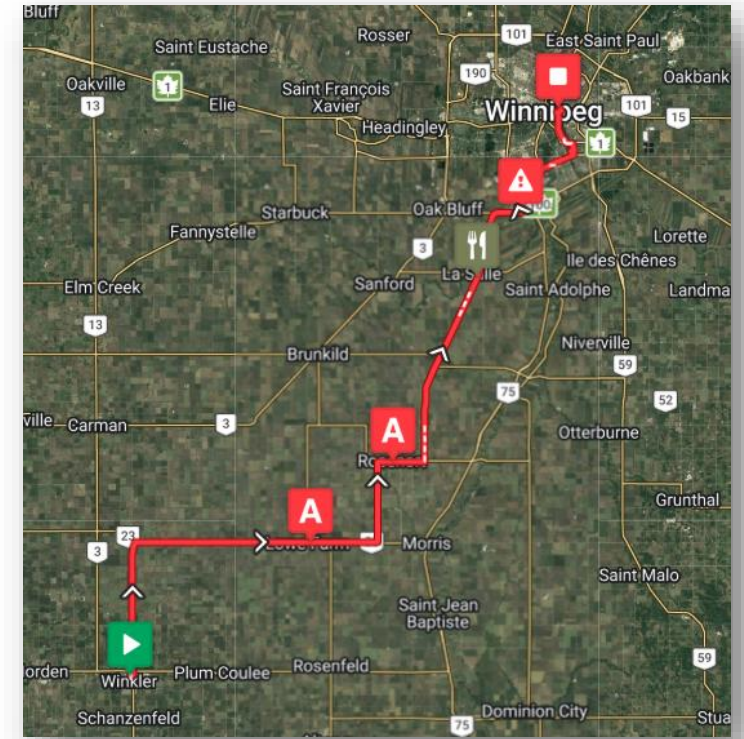
- Community breakfast @ Killarney
 - New Life Assembly Church
- Roadside Rest Stop (39 KM)
- Roadside Rest Stop @ Pilot Mound (73 KM)
- Roadside Lunch Stop @ La Riviere (91 KM)
- Roadside Rest Stop (118 KM)
- Rest Stop @ Morden (137 KM)
 - Dairy Queen
- END / Community dinner @ Winkler
 - The Bunker
- Showers @ Winkler Arena



Sunday, August 9

Winkler to Winnipeg – 135KM

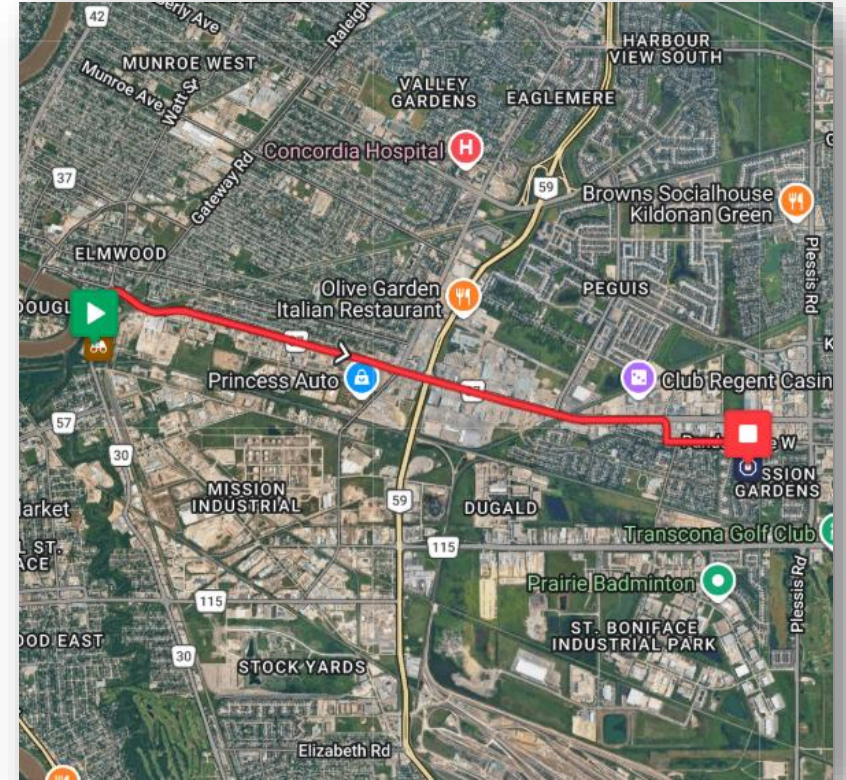
- Community breakfast @ Winkler
 - The Bunker
- Rest Stop @ Roland (22 KM)
 - Giant Pumpkin
- Rest Stop @ Lowe Farm Co-op (49 KM)
- Rest Stop @ Rosenort (72 KM)
 - Rosenort Fellowship Chapel
- Lunch @ LaSalle (104 KM)
 - LaSalle Community Centre
 - **Rack & Shuttle cut-off time (3:00 PM)**
- END @ Habitat for Humanity
- ***Community Ride Along to build site



Sunday, August 9

Community Ride-Along – 6KM

- Meet at Habitat for Humanity
 - 60 Archibald St.
- 6KM Route to Pandora Ave. W.
 - Archibald St., Nairn Ave., Regent Ave. West, Pandora Ave. West, Owen St., Build site
- END



Meal Schedule

Date	START Location	Breakfast	Lunch	Dinner	END Location
03-Aug	Winnipeg	START	Landmark	SEMC	Steinbach
04-Aug	Steinbach	SEMC	Morris Multiplex	Access Event Centre	Morden
05-Aug	Morden	Access Event Centre	Sommerset	Kinsmen Hall	Glenboro
06-Aug	Glenboro	Kinsmen Hall	Sprucewoods CH	Vineyard Church	Brandon
07-Aug	Brandon	Vineyard Church	Ninette RS	New Life Assem.	Killarney
08-Aug	Killarney	New Life Assem.	La Riviere	The Bunker	Winkler
09-Aug	Winkler	The Bunker	LaSalle	END	Winnipeg

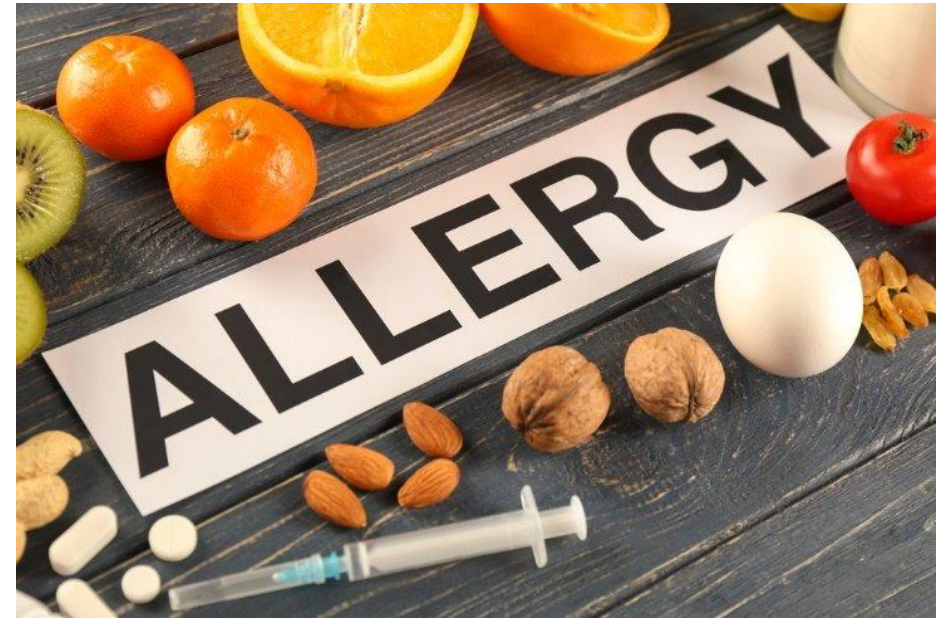
 Community Support
 Food support required



Allergies / Preferences

We need to know

- Current list of allergies include:
 - Broccoli, cauliflower, fish, fresh garlic, gluten, kiwi, lactose, lobster, pineapple, oranges, prawns, red licorice, shrimp,
- Food preferences
 - Vegan, vegetarian
 - Avoidance: bread, pasta, pork
- If you did not communicate your allergies / preferences when you registered – please contact Brett



Support Vehicles

- Support Vehicle #1 (Sweep)
 - John S.
 - Towing a bike rack trailer
- Support Vehicle #2 (Rest Stops)
 - Vi S., Susan
- Support Vehicle #3 (Food Team)
 - Rick M., Debra S., Trudy M.
 - Towing food trailer
- Support Vehicle #4 (Mobile Support)
 - Brett B.
 - Truck with bike rack / trailer
- Support Vehicle #5 (Rest Stops & Signage)
 - Gareth M.

- Support Vehicle #6
 - Luxury Motorcoach



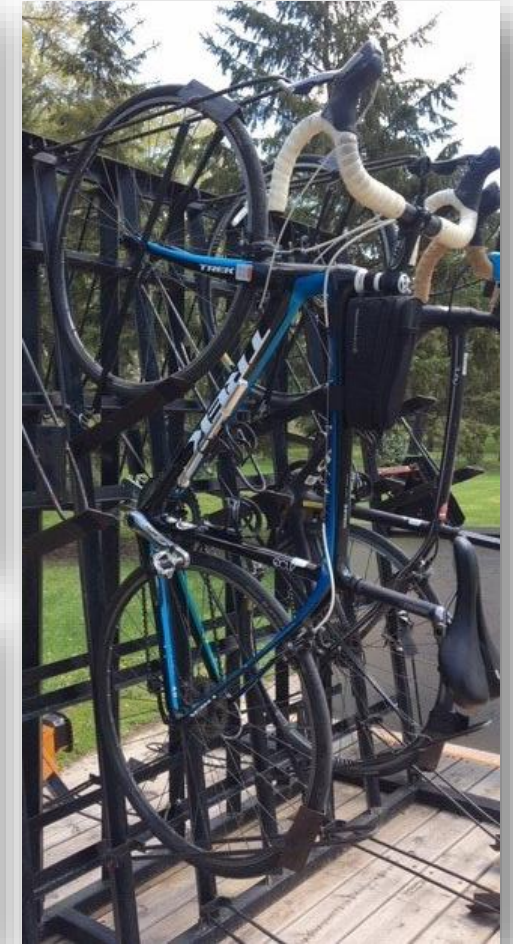
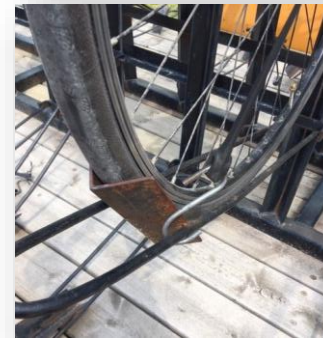
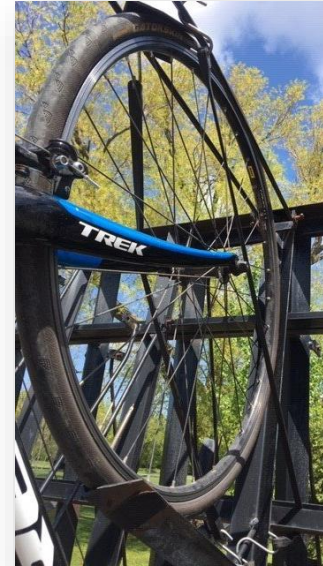
How to Rack Your Bike

- Our bike rack trailer – is commonly referred to as the “Dino”
- You are responsible for racking and securing your own bike
 - Support crew will assist you
- Be sure to remove all accessories
 - Lights, GPS, water bottles, etc.
- Start loading bikes in the middle of the trailer and work outwards
 - Alternate High / Low positions
 - Large bikes should be placed in the lower positions



How to Rack Your Bike

- Be Careful! There are trip hazards and lots of moving parts
 - Ask for help if you are tired
- Lift bike and position in rack, alternating from low to high
- Position the locking wheel bars and secure with bungy cords
- Wrap a Velcro strap or zip tie around the wheel and locking bar
- Use pipe insulation to protect your bike (if applicable)



Participant Guide

Everything you need to know!

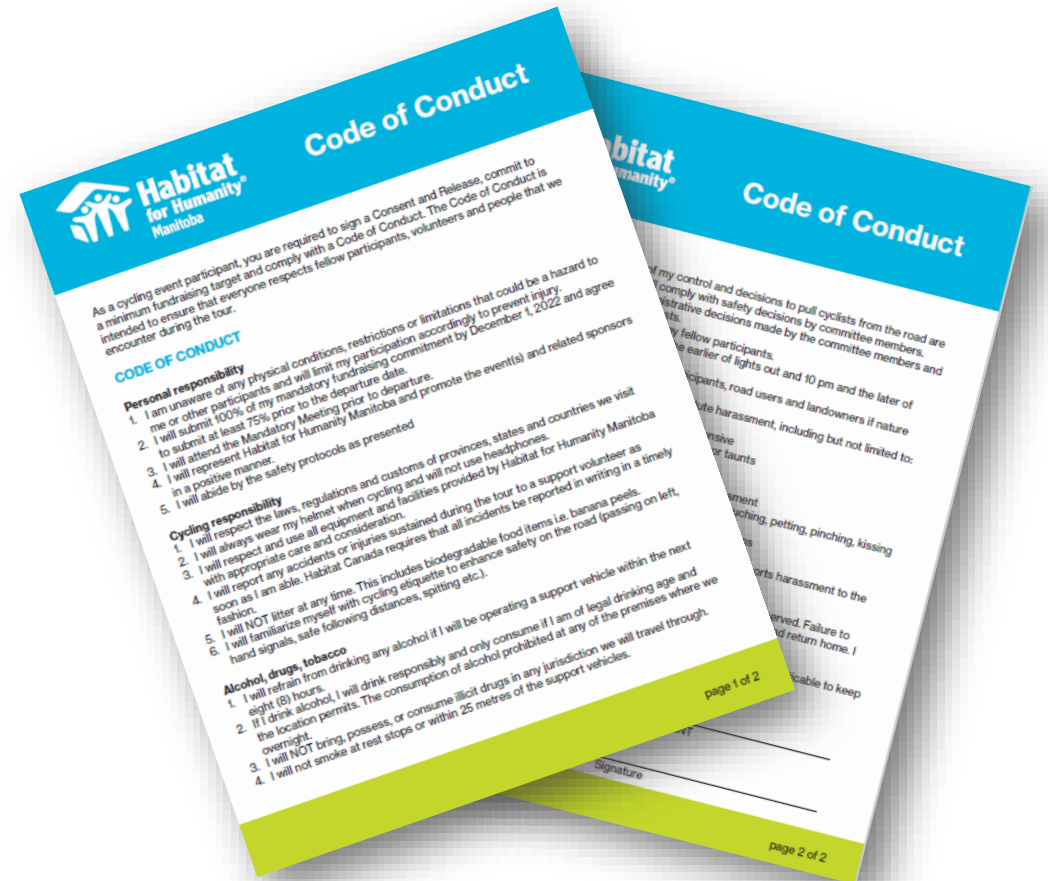
- Homeowner profile
- Team roster
- Self-selected Speed Groups
- Support team contacts
- Detailed itinerary
- Route maps
- Live team tracking
- What to do if lost



Code of Conduct

Your responsibilities

- Each team member must sign a Code of Conduct before departure, which outlines:
 - Personal responsibilities
 - Cycling responsibilities
 - Alcohol, drugs, tobacco
 - Social conduct



What to Pack

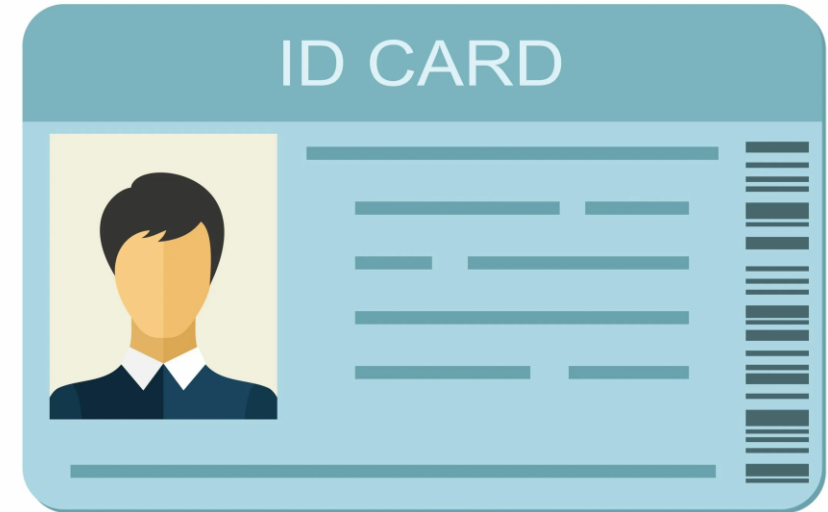
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What to Pack

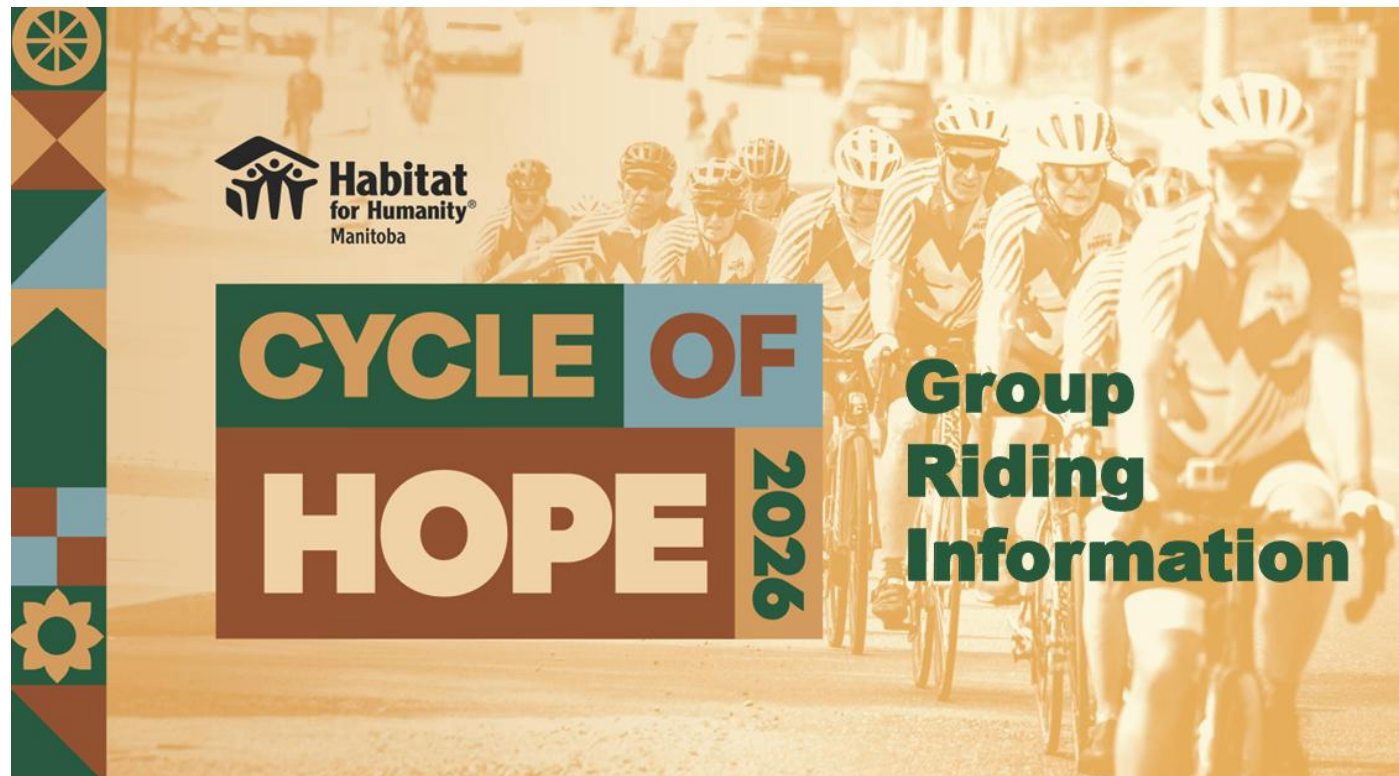
Supplemental items

- Photo I.D.
 - Required for YMCA facility use in Brandon (showers)
- Coffee mug
 - Morning coffee is much better in your favourite coffee mug
- Small fan
 - This is a nice to have on hot nights
 - At least one location does not have AC (Morden Access Centre)



Cycling Etiquette

Download from event page



Training Rides cont.

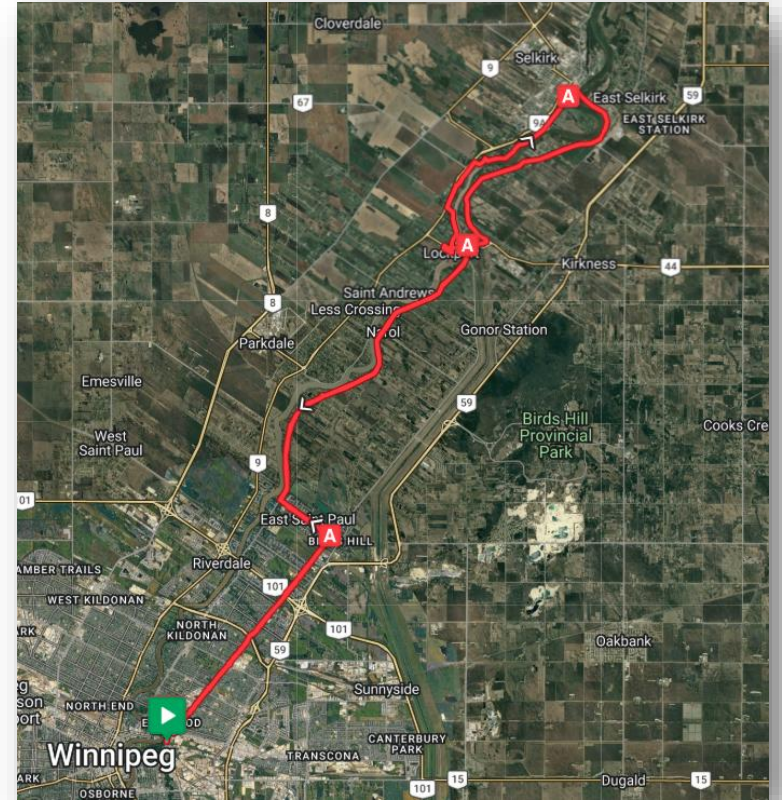
- Easy Peasy Rides
 - May to September
 - Tuesday nights - 6:00 to 9:00 pm
 - Distance: 20 to 30 km
 - Speed: 17 to 22 km/h
- Destination Rides
 - June to September
 - Friday nights - 6:00 to 9:00 pm
 - Distance: 50 to 80 km
 - Speed: 25 to 30 km/h



Today's Group Ride

Saturday, July 18

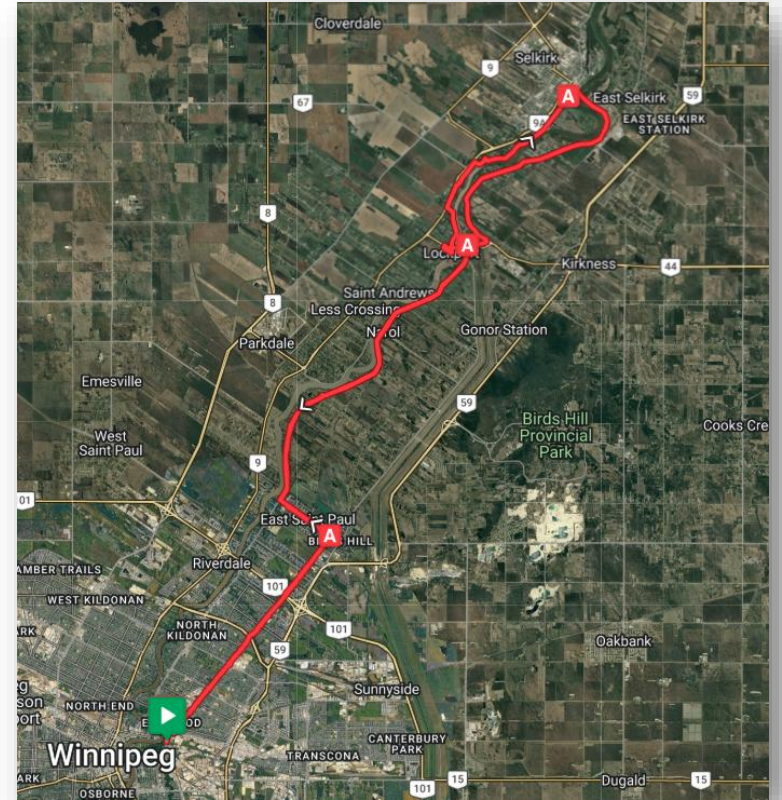
- Start in the Habitat parking lot
 - Please stay together for the first section
 - **Rest Stop #1** – Birds Hill School (11 KM)
 - **Rest Stop #2** – Lockport Subway (26 KM)
 - **Rest Stop #3** – Selkirk (37 KM)
 - **Rest Stop #4** – Lockport Halfmoon (49 KM)
 - **Rest Stop #5** – Birds Hill School (66 KM)
- End: Habitat for Humanity (78 KM)



Today's Group Ride

Saturday, July 18

- Weather report
 - Temperature: High 30° / Humidex 36°C
 - Everyone handles heat differently
 - No pressure to ride today
 - Air Quality: Level 3 / 4 for the day
 - Moderate risk
- Winds:
 - Current: 8 G 12 km/h W
 - Afternoon forecast: 12 G 23 km/h W



Riding Groups

Find your group

- Cappuccino (~15 km/h average)
 - Relaxed / social pace, enjoy the views, take photos, swim in the lake.
- Macchiato (~20 km/h average)
 - Moderate pace, may incorporate drafting. Balance of pace and scenery
- Espresso (~25 km/h average)
 - Faster pace, may ride in a paceline, may ride additional miles. Typically, the first to arrive at end of day.



Follow us LIVE

Share the [LINK](#)

- Do your donors, family or friends want to know where you are?
- Brett uses a SPOT satellite tracking device in case of emergencies – it also tracks the team during the ride



Sponsors



300

THREE HUNDRED MAIN



Sponsors

Community Sponsors



Media Sponsors



Goods & Services Sponsors



Closing Thoughts

- **When do we leave?**
 - 16 Days from today
- **Next Meet & Greet**
 - Mandatory Meeting
 - Wednesday, July 29 – 6:00pm
 - Collect your kit
 - Final updates before departure



**Any
Questions?**

Contact Brett:

bbourne@habitat.mb.ca

204.235.2181

