

The Muddy Waters 25 km Route Log

Note: Please ride in single file over all bridges

The distances shown are approximate. There are a number of stop signs and traffic lights. Observe the Highway Traffic Act. The roads are NOT closed and are open to other vehicles. Please be careful.

- 0 km Leave the Forks via York Street, turning right onto Main Street. Travel north on Main St,
- 4 km Turn Right on St John's avenue and follow the marked bike path onto Cathedral and Scotia Street. Continue North along bike path along Scotia, following the North Winnipeg Parkway signs To the Kildonan Park Scotia street gate
- 8 km Enter Kildonan Park and travel around the park going counter clockwise past Rainbow stage. Continue around park and exit at Main Street
- 10 km Turn right on Main and continue north to the Chief Peguis Bridge
- 11 km Turn right and continue over the bridge to Henderson Highway
- 12.5 km Turn right on Henderson and continue to Springfield
- 13.5 km Turn left at Springfield and continue east to Raleigh Bike path
- 15.5 km At Raleigh turn right. **HERE IS THE REST STOP** You may travel along the roadway or along the North East Winnipeg Parkway Path. Use caution at each intersection. Continue South to Chalmers.
- 20.5 km Turn Right at Chalmers.
- 21 km Turn left on Watt and continue south across Nairn. Watt becomes Archibald
- 23 km Continue south past the Habitat for Humanity Restore
- 24 km Turn right onto Provencher. Continue West until Tache
- 25 km Turn left onto Tache and immediately right onto the Provencher Pedestrian Bridge
Once over the bridge, turn left and then right to the Front of the Scotia Bank Stage
Congratulations. You made it!

Problems? Lost? Call 791-5152 or 688-4581