

# *The Muddy Waters 60 km Route Log*

**Note: Please ride in single file over all bridges**

The distances shown are approximate. There are a number of stop signs. Observe the Highway Traffic Act. The roads are NOT closed and are open to other vehicles. Please be careful.

- 0 km Leave the Forks via York Street, turning right onto Main Street. Travel north on Main St, continuing past the Perimeter You are heading towards River Road.
- 20 km Turn right off Main at the Race Trac Gas station and proceed onto River Road. (Watch for loose gravel at the corner). Follow River Road north.
- 30 km Turn left before skimmers on Hwy 238 and then in 200 meters follow this route right. Turn right again on highway 44 to cross the Lockport bridge.
- 32 km At Lockport turn right onto Henderson Highway heading south. **THIS IS THE REST STOP**
- 50km Continue south on Henderson Highway and continue south past the Perimeter Highway and into the city. All traffic laws must be obeyed
- 52 km Turn Left on McIvor and continue east to Raleigh
- 54 km At Raleigh turn right. You may travel along the roadway or along the North East Winnipeg Parkway Path. Use caution at each intersection. Continue South to Chalmers
- 59 km Turn Right at Chalmers/
- 59.5 Turn left on Watt and continue south across Nairn. Watt becomes Archibald
- 61 km Continue south past the Habitat for Humanity Restore
- 62 km Turn right onto Provencher. Continue West until Tache
- 63 km Turn left onto Tache and immediately right onto the Provencher Pedestrian Bridge  
Once over the bridge, turn left and then right to the Front of the Scotia Bank Stage  
Congratulations. You made it!

Problems? Lost? Call 295-0236 for help